

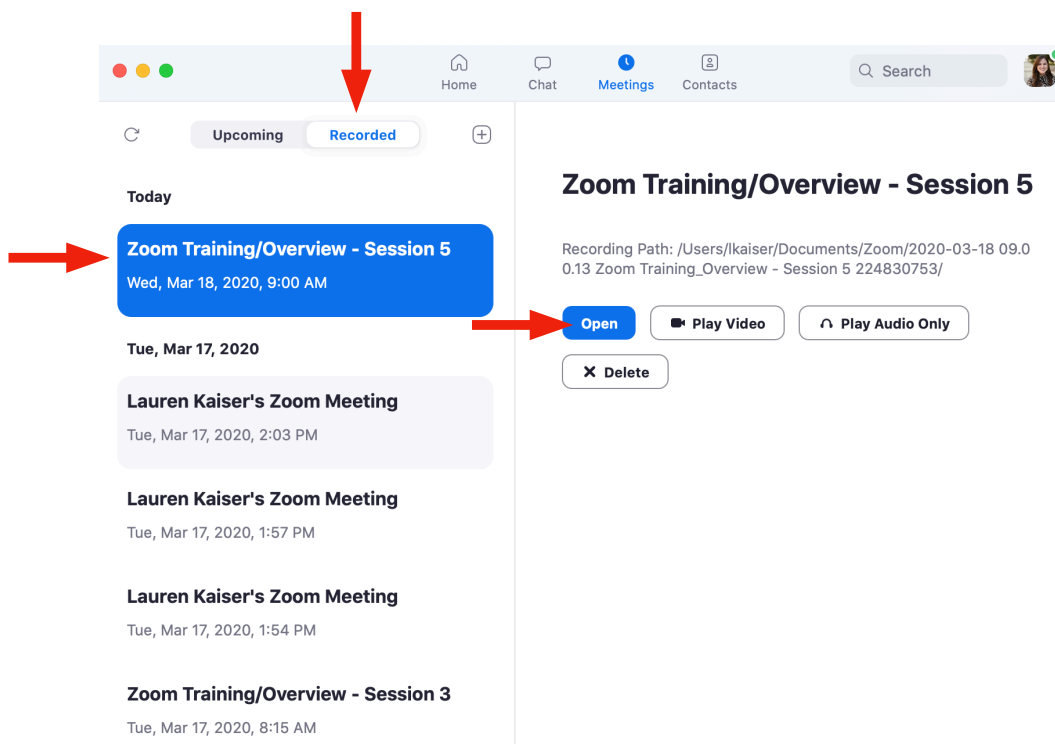
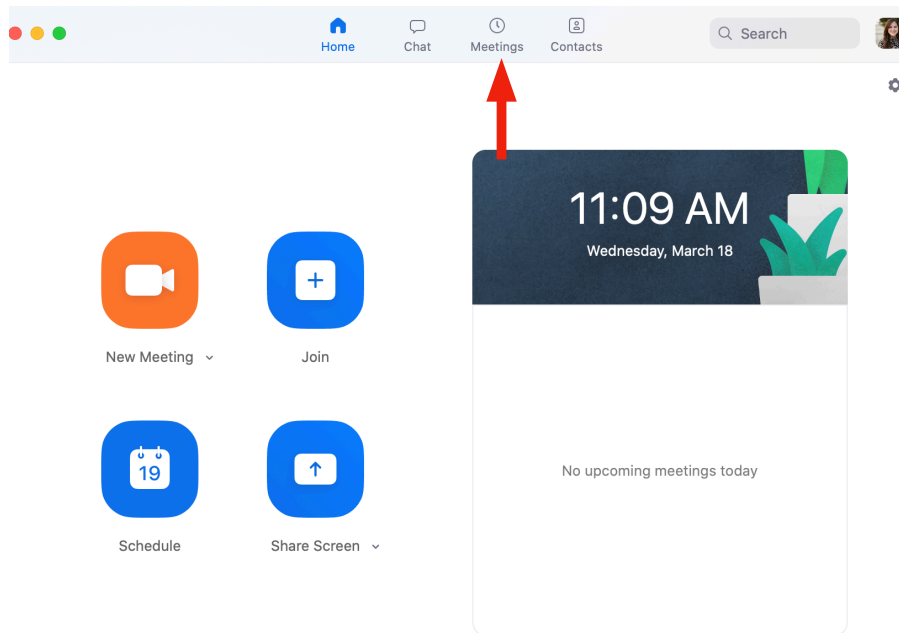
# How to Upload and Share Your Zoom Recording

**Overview** - This guide will walk you through how to upload a Zoom recording to [box.com](https://www.box.com) and share it. When recording a Zoom session we recommend choosing the record locally option, as opposed to cloud based options due to processing times.

## Step 1 : Locate your Zoom recording.

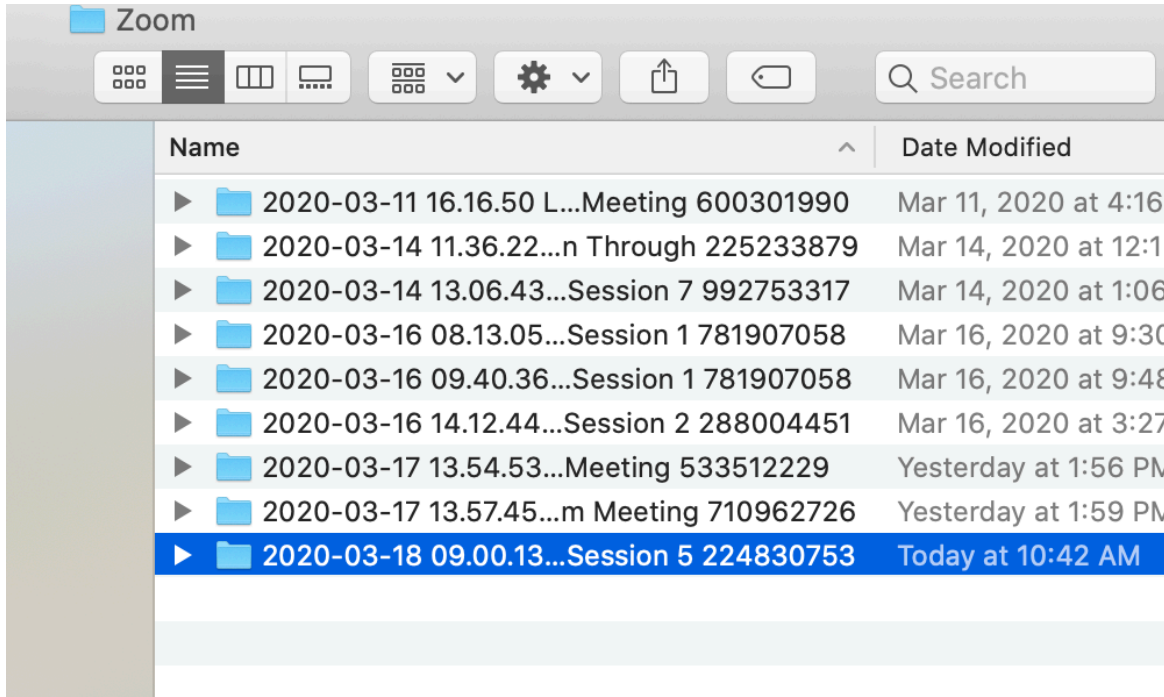
If you recorded your meeting locally navigate to where you set up your recordings to save.

- If you don't know where you saved your recordings go to Zoom, then click the "Meetings" tab, then "Recorded." Then select the meeting you are looking for the recording of. Click on that meeting, then click "Open"



**Step 1 Cont'd : Locate your Zoom recording.**

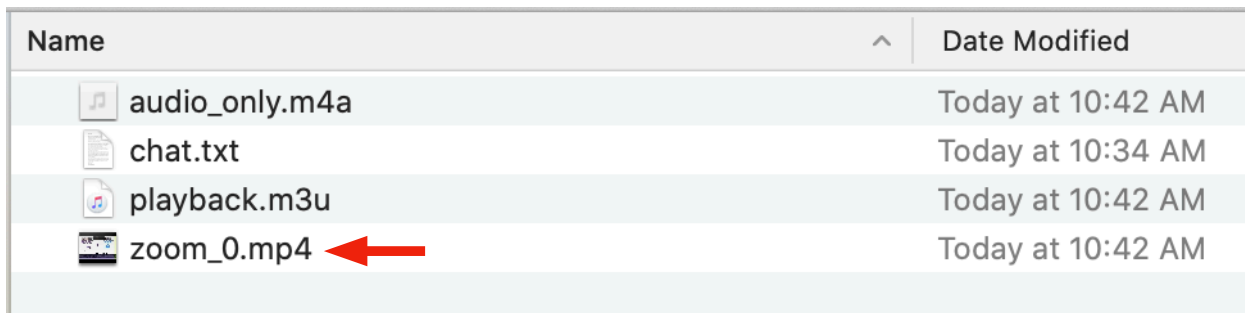
If the meeting was recorded locally to your computer this will bring you to folder where the meeting is saved. Double click the folder. Take a mental note of where your file is saved.



**Step 1 Cont'd : Locate your Zoom recording.**

Locate the file that ends with .mp4

This is the file you will be uploading and sharing. You can rename it if you wish.

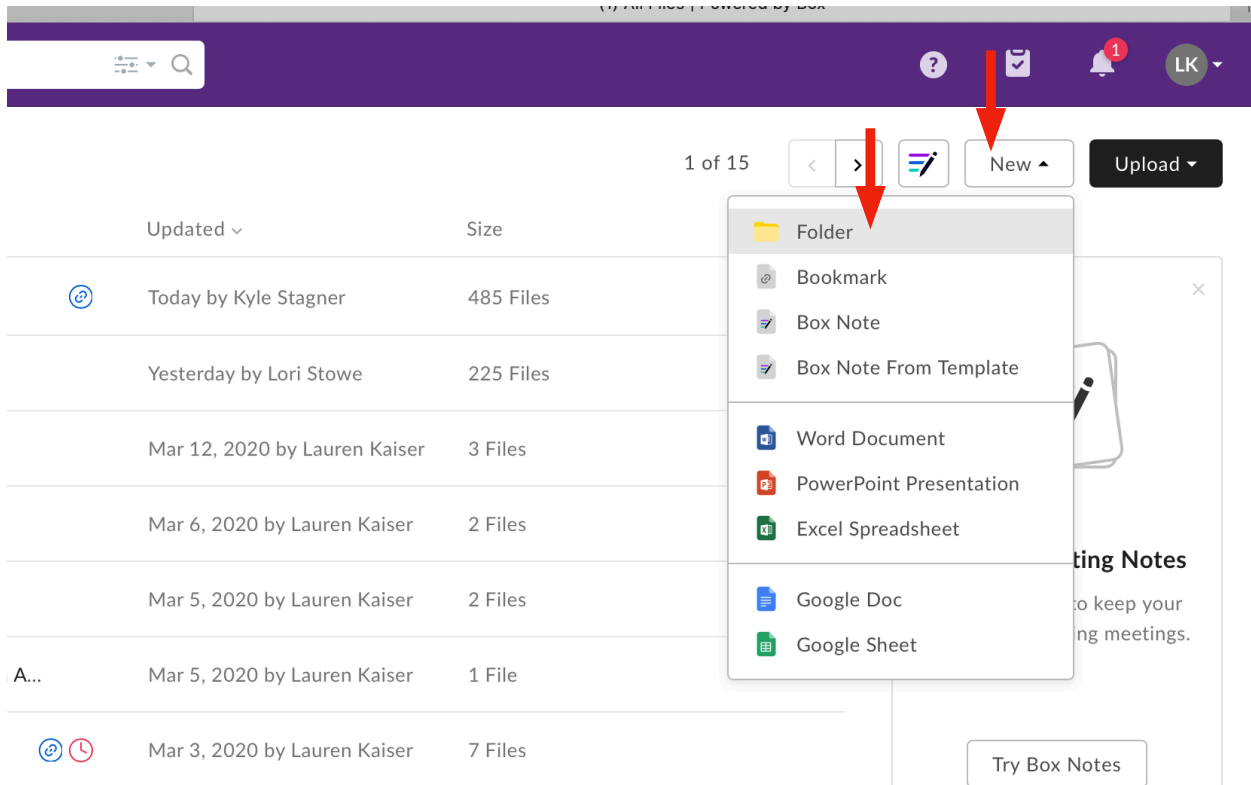


## Step 2: Upload Your Video to Box

Go to [box.com](https://box.com) and sign in using your TCU credentials.

Next, create a new folder that you will upload your meeting into.

*\* Make folders in a way that makes sense for you. Do you want one folder for all of your Zoom recordings. Or do you teach multiple classes and would you prefer one folder per class?*



The screenshot shows the Box web interface. At the top, there is a purple navigation bar with a search icon, a help icon, a notification icon with a red '1', and a user profile icon labeled 'LK'. Below the navigation bar, there is a toolbar with a 'New' button and an 'Upload' button. A dropdown menu is open from the 'New' button, showing options: Folder, Bookmark, Box Note, Box Note From Template, Word Document, PowerPoint Presentation, Excel Spreadsheet, Google Doc, and Google Sheet. A red arrow points to the 'Folder' option. The main content area displays a table of files and folders. The table has columns for 'Updated', 'Size', and 'Files'. The rows show various folders and files, including 'Today by Kyle Stagner' (485 Files), 'Yesterday by Lori Stowe' (225 Files), and several folders by 'Lauren Kaiser' from March 2020. A 'Try Box Notes' button is visible at the bottom right.

Updated	Size
Today by Kyle Stagner	485 Files
Yesterday by Lori Stowe	225 Files
Mar 12, 2020 by Lauren Kaiser	3 Files
Mar 6, 2020 by Lauren Kaiser	2 Files
Mar 5, 2020 by Lauren Kaiser	2 Files
Mar 5, 2020 by Lauren Kaiser	1 File
Mar 3, 2020 by Lauren Kaiser	7 Files

## Step 2 Cont'd: Upload Your Video to Box

Title your folder and click “Create.” You do not need to invite people to your folder. We will be creating a shared link.

### Create a New Folder ✕

**Folder Name**

 👤

**Invite Additional People**

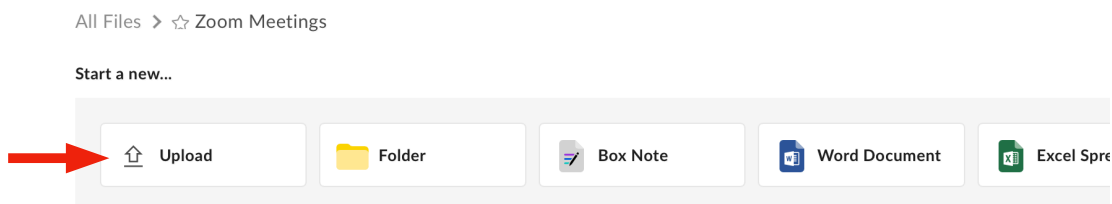
**Permission**

Editor ▾ 📘 Learn More

Cancel Create

## Step 2 Cont'd: Upload Your Video to Box

You can either drag and drop your files into here or you can select upload.

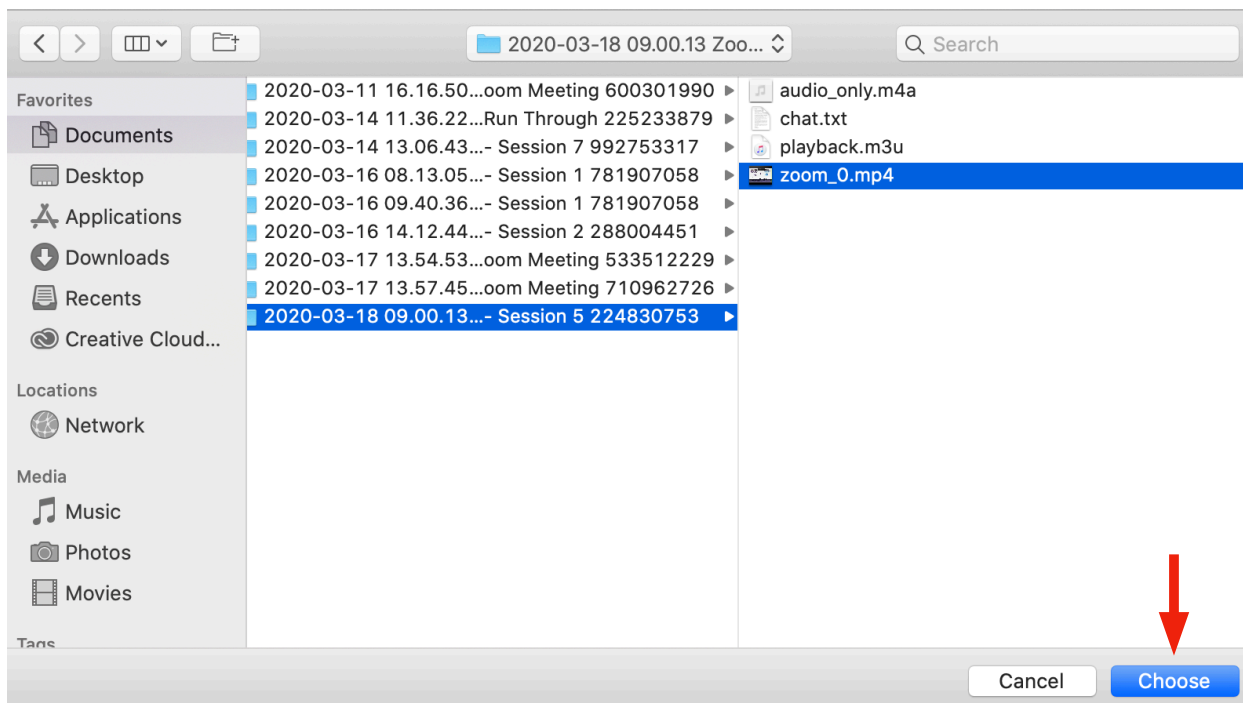


There are no items in this folder.

Drag files and folders here to upload, or [click here](#) to browse files from your computer.

## Step 2 Cont'd: Upload Your Video to Box

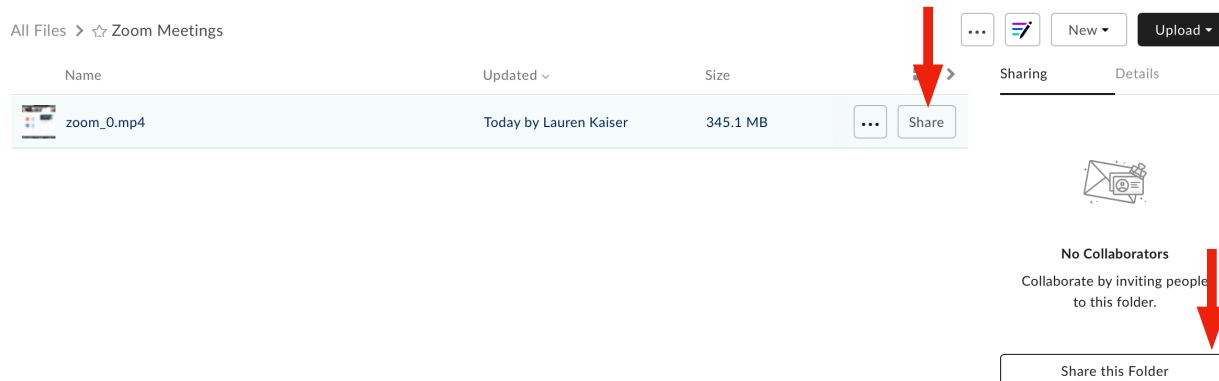
If you select the upload option rather than drag and drop, navigate to your file after clicking “Upload”, and then select “Choose”. Your video will begin uploading. This may take some time.



## Step 3: Sharing Your Video/Creating a “Share Link”

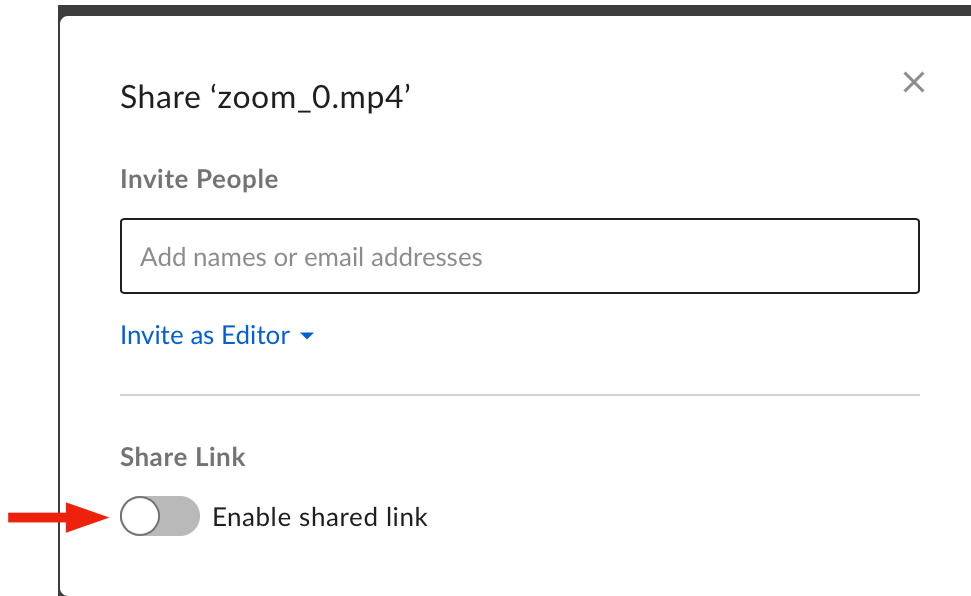
You will see two options for sharing below. One that says “Share” which appears when you hover over your file. And another that says “Share this Folder.”

*\*If you want to share only this file select “Share.” If you plan to upload multiple files to this folder and would like each file you upload to this folder to be accessible to those you share with, then choose “Share this Folder.”*



### **Step 3 Cont'd: Sharing Your Video/Creating a "Share Link"**

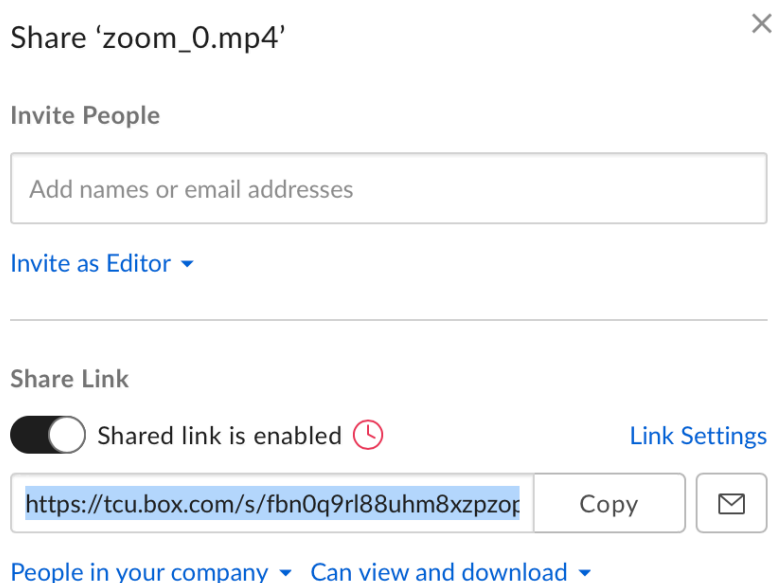
After clicking "Share" toggle the switch next to "Enable shared link."



### **Step 3 Cont'd: Sharing Your Video/Creating a "Share Link"**

Now you have an active link. You can click copy and you can paste your link into an email, TCU Online or wherever you please.

*Please note, by default, links are only accessible to people that have signed into [box.com](https://box.com) with a TCU email address. If you need to send a link to someone outside of TCU click the option that says "People in your company" and change it to "People with the Link." By default, links expire after 6 months.*



### **Step 3 Cont'd: Sharing Your Video/Creating a "Share Link"**

If you ever need to locate the shared link again, simply login to [box.com](https://box.com) and find the video you previously uploaded. If you shared an individual file you see a icon of a link next to the file, or if you shared the folder you will see the same icon next to the folder. Clicking this icon will bring up the Shared Link so that you may copy it or make changes.

